

Newton Creative Start ~ Children's Center  
Parent Newsletter  
**June 2020**



Dear Families,

It's hard to believe that our school year is coming to an end. It is certainly not the ending that we had planned. We are sad that we can't have our usual end of year classroom celebrations and goodbyes but we love being able to connect on Google Meets!

We hope you enjoyed your time at Newton Creative Start as much as we enjoyed having your child and family this year. For our friends going to kindergarten, we will miss you and wish you the best of luck in the future, You will do amazing things!!

Thank you to all our families for making our year a success. We hope you have a safe summer and will see many of you soon!  
Donna and Kristi

**Family Engagement**

We hope families have found the Distance Learning activities engaging and fun. We will continue to share new activities that you can do at home. The teachers look forward to hearing all about your child's learning at home!

**June Birthdays**

Alessio 6/9  
Dante 6/9  
Giuliana 6/15  
Josue 6/15  
Fahad 6/20  
Brianna 6/21  
Anaab 6/22  
Ruby 6/29

**July Birthdays**

Elana 7/1  
Arvis 7/1  
Clara 7/17  
Daniel 7/21  
Suzelle 7/23  
Keily 7/28

**Staff Summer Birthdays**

Lourdes 6/3  
Robina 6/4  
Liz 6/26  
Vehanush 6/27  
Donna 7/16  
Kristi 7/22

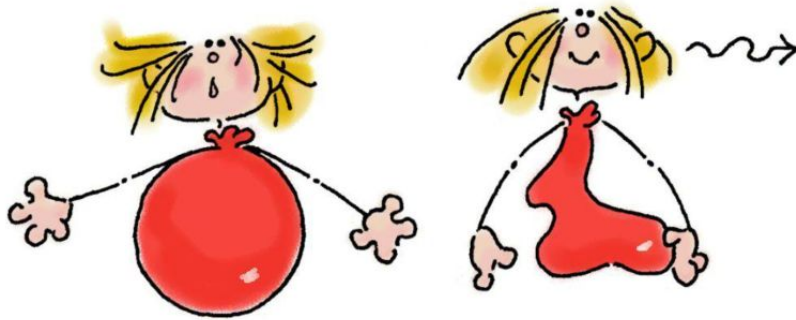
**August Birthdays**

Anthony 8/3  
Prisu 8/10  
Shahir 8/11  
Jayce 8/25

## Social Emotional: From Shachi

When parents and children are feeling big emotions, it's good to find some calm. Simple mindfulness activities can help. Mindfulness is noticing what's going on outside—and inside—of us with acceptance and kindness.

1. Balloon Breath- Imagine a balloon above your head as you fill your lungs with air and slowly let it out.
2. Starfish Breathing- Help your little one trace their hand as a guide to deep breathing.
3. Calming Glitter Bottle- Create your own glitter bottle and enjoy the calm as you watch the glitter settle.
4. Five Senses Exercise- Use all your senses to focus on the present moment. Notice how you and your child are feeling as you begin. Then, together with your child notice five things you can see, feel, hear, smell, and taste.
5. Breathing with a Buddy- Rock a stuffed animal to sleep with some gentle belly breathing



Breathe in

Breathe out

### A note From Liz

It is hard to believe that our school year is coming to an end. I have so enjoyed getting to know all the families in our school, seeing you at family events and meetings, and watching the children grow and develop new skills. It was so nice speaking to many of you these past few weeks for our end of the year meetings. Although the last few months have been different, I am happy I have been able to continue communicating with you about your family and resources in the community. For those of you whose child is moving on to kindergarten, I will truly miss seeing you and your child in our school. If you need any resource such as food, clothing, rent/fuel assistance, please feel free to email me.

# Kindergarten! ... here I come!



**Although we did not get to finish out the year together at the center, we still want to celebrate all the children who will be graduating Preschool and heading to Kindergarten in the fall.  
Congratulations!**

**Adrian C.  
Alessio F.  
Anaab I.  
Anthony Z.  
Attianna M.  
Brianna L.  
Byron L.  
Cameron H.  
Daniel K.  
Dante F.  
Fahad S.  
Gia M.  
Isabella D.H.  
Isha G.  
Jing Z.**

**Julia H.  
Keily L.  
Kobe C.  
Kseniia D.  
Nicolas M.  
Nicole M.  
Nishka C.  
Polina K.  
Ruby C.M.  
Sophia P.  
Suzelle O.  
Usra S.  
Valentina M.  
Yunyi C.**

parents,  
worked with your flower  
helped it to grow.  
returning it now,  
want you to know.  
flower is precious.  
near as can be.  
take care of it.  
you will see  
right new bloom  
every day.  
now and blossomed  
in such a wonderful way.  
September, just a bud  
January, a bloom.  
a lovely blossom  
returning to you.  
September, this flower,  
near as can be.  
Yours rightfully yours,  
will always be with me!

## Class 4

It's hard to believe a whole year has gone by! I was so lucky to have each and every one of you in my class this year, Kindergarten will be such an exciting new adventure for all. My favorite memories from this year were indoor-ice skating, storytime with the help of my magical book bag, and all our dance parties! I hope to continue seeing your smiling faces each week at our Google Meets, feel free to reach out for more activities, DIY crafts, recipes, or cheesy jokes in the meantime.

Thank you all for making this year wonderful,  
Emily

Class 5

Dear Families,

We can't believe that it's already the end of the school year, we had so much fun with all of you. Some of our favorite memories are going to the Jackson Homestead, the Around the World Celebration and all of your wonderful posters. We also just loved having you all in class every week, and doing all kinds of fun projects and reading books (especially Pinkalicious) We also love talking to you all over the course of Distance Learning be it on the phone, through email, and on Google Meet. Thank you all for taking such an active part in your child's education during this challenging time. Stay healthy and safe!! Enjoy your Summer.

Jen and Barbara

To all our amazing students and families at Newton Creative Start










# June

## Get Moving Today!

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Go outside and run in big, small, and medium sized circles.	Make a paper airplane and see how far you can make it fly. 	Work on your tossing skills. Find some small objects to toss into a box. Keep backing up to see if you can toss further.	Play catch with someone. Start really close and after every two tosses back up one step.	Find an open space and work on rolling in different ways - long, straight body and a curled up small body.	Say three different motions as your partner does them, such as touch your nose, spin around, and jump up high. Take turns.	Go for a family walk and take turns saying something you are really happy about or thankful for. 
Draw or cut out some odd shapes, then put your body into each shape.	Turn on some slow, quiet music – lie on the floor, relax, breath and stretch.	Pretend that you are at a magical zoo. Identify an animal, move and sound like that animal.	Ask someone to pitch some balls to you as you try to hit them with a big, soft bat.	Work on dribbling a ball. Try saying tap, tap, run, run as you do the same with the ball and your feet. 	Use wet sponges to work on your throwing. Throw sponges at a big target such as a building or garage door.	Pretend to be a growing flower. First you are the tiny seed in the ground and then you slowly grow into a big, tall flower that blows in the wind.
Fill a cup full of water. Can you run around your building carrying the cup without losing much water.	Can you walk while you balance a book on your head?	Walk and run around your home four times. Each time try to go a little faster.	Work on throwing really hard. Remember to bring the ball back to your ear and take a nice big step forward.	Make up a silly dance, show it to someone, and then ask them to do it with you.	Draw a hopscotch pattern outside and work on your jumping and hopping skills.	Stretch your body into the shapes of each letter in your name. Stretch big and small.
Work on moving in different directions – forward, backward, sideways.	Set up a bunch of targets and work on throwing or rolling a ball at them to knock them over.	Have a three legged walk with someone in your family. Stand side by side, with your inside legs touching – these two legs should move together as one leg.	Ask someone to take you to a park and try to keep moving for 15 minutes without stopping - run, climb, jump, and swing.	Make your arms strong by walking like different animals around your yard - bear, crab, seal, etc.	Put a t-shirt on the floor, bend over and put your hands on it, then push it all over the space. 	Draw circles, squares, and triangles on the driveway and practice tossing rolled up socks into each shape
Find a little hill and roll down it, run back up and do it again. 	Work on your kicking skills. Try running up to the ball, swing your leg back and then kick through the ball.	Practice your volleying skills. Find a balloon and try to keep it up in the air. Try volleying it with different parts of your body.	Play catch with a water balloon. Make a nice soft home for the balloon with your hands, and "give" with your body as you catch it.	Draw different shapes with sidewalk chalk and practice moving over, around, and into them.	Work on dribbling a ball with your feet. Try saying tap, tap, run, run as you do the same with your feet and the ball.	Go back and do your favorite activity this month!

Funding for this project was provided by the Office of Head Start, Administration for Children and Families, U.S. Department of Health and Human Services

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# JUNIO

## "A Moverse Hoy"!!

CALENDARIO DE ACTIVIDADES

domingo	lunes	martes	miércoles	jueves	viernes	sábado
¡Vuelve y repite tus actividades favoritas que disfrutaste este mes!	Haz un avión de papel y ve cuán lejos lo puedes hacer volar. 	Practica tus lanzamientos. Consigue objetos pequeños para lanzarlos a una caja. Aléjate poco a poco para ver si puedes lanzar más lejos.	Juega a atajar con alguien. Empieza cerca y aléjate un paso después de cada dos lanzamientos.	Encuentra un espacio abierto y rueda de diferentes maneras... cuerpo largo y extendido, y cuerpo corto y enrollado.	Nombra 3 movimientos distintos mientras tu compañero lo hace: tocarse la nariz, dar vueltas, y saltar alto. ¡Túrnense.	Ve de caminata familiar y túrnense para contar algo que los hace sentir felices o agradecidos. 
Dibuja o recorta formas extrañas, luego conforma tu cuerpo en esas formas.	Prende música suave y lenta – acuéstate en el suelo, relájate, respira y estírate.	Imagina que estás en un zoológico mágico. Identifica un animal – muévete y suena como ese animal.	Pide a alguien que te tire unas pelotas mientras tratas de pegarlas con un bate grande y suave.	Practica dribbling una pelota. Trata diciendo tap, tap, corre, corre mientras haces lo mismo con tus pies y pelota. 	Usa esponjas mojadas y practica tus habilidades de lanzar. Lanza esponjas hacia una meta grande como un edificio o una puerta de garaje.	Pretende ser una flor que esta creciendo. Primero eres una semilla pequeña en la tierra y luego creces lentamente en una flor grande y alta que se mueve en el viento.
Llena un vaso con agua. ¿Puedes correr alrededor de tu edificio con el vaso sin perder mucha agua?	¿Puedes caminar mientras balanceas un libro sobre tu cabeza?	Camina y corre al rededor de tu casa cuatro veces. Cada vez trata de ir un poco más rápido.	Trata de lanzar bien lejos. Recuerda traer la pelota hacia tu oreja y toma un paso bien grande hacia adelante.	Crea un baile chistoso, demuéstalo a alguien y luego pídele que lo haga contigo.	Dibuja una rayuela afuera y practica saltando de un pie.	Estira tu cuerpo en la forma de cada letra en tu nombre. Estírate en una manera grande y pequeña.
Trata de moverte en diferentes direcciones – hacia adelante, hacia atrás, hacia un lado.	Pon varios blancos alrededor de una habitación y practica tus habilidades de lanzar o rodar una pelota hacia los blancos para hacerlos caer.	Da un paseo de tres patas con alguien en tu familia. Párense lado a lado, con las piernas interiores tocándose - estas dos piernas deben moverse como una sola pierna.	Pídele a tu padre que te lleve al parque, trata de mantenerte en movimiento por 15 minutos sin parar. ¡Corre, trepa, salta, columpia!	Haz que tus brazos se pongan más Fuertes caminando como diferentes animales al rededor de tu patio - como un oso, cangrejo, foca, etc. 	Pon una camiseta en el piso, dobla tu cuerpo y pon tus manos en la camiseta, ahora empujala por todo el espacio.	Dibuja círculos, cuadrados y triángulos en tu acera y practica lanzando calcetines enrollados dentro cada forma.
Encuentra una pequeña colina y rueda por ella, vuelve a correr a la punta de la colina y hazlo de nuevo. 	Practica tus habilidades de patear. Trata corriendo hacia la pelota, trae tu pierna hacia atrás y patéala.	Practica tus habilidades de volley. Encuentra un globo y trata de mantenerla en el aire. Trata de golpearla con diferentes partes de tu cuerpo.	Jugar a la pelota con un globo de agua. Haz una casa suave y agradable con tus manos para el globo y "da" con tu cuerpo mientras lo agarras.	Dibuja diferentes formas con tiza y practica moviéndote por encima, al rededor de y dentro de cada forma.	Practica dribbling una pelota con tus pies. Trata diciendo tap, tap, corre, corre mientras haces lo mismo con tus pies y pelota.	Vuelve a hacer tu actividad favorita de este mes!

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# July

Get Moving Today!

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have fun in the water today – really try to use all of your muscles. 	Run in the pathway of each letter of your name. Make each letter big and then small.	Practice your throwing skills. Step at your target and follow through toward your target.	Get your body wet and then lay down on the driveway. When you get up you will see an impression of your body. Practice jumping over yourself.	Play catch with a water balloon. Make a nice soft home for the balloon with your hands, and "give" with your body as you catch it.	Pretend to swat a fly. Use a foam noodle to run around your yard swatting flies. 	Set up an obstacle course using things to jump over, go around, and even move under. See how fast you can do it.
Do the course you did yesterday but go through it the other direction.	Pretend to go on a trip today – drive your car, fly in an airplane, ride a motorcycle, and paddle a boat. Really use your muscles.	Find a bouncy ball and practice bouncing and catching. Bounce it off the ground or off of the side of a building.	Play throwing golf. Take turns throwing a ball toward a big target. How many throws does it take to get there? Pick a new target.	Draw different shapes with sidewalk chalk and practice moving over, around, and into them.	Plan a family fitness day. Let everyone choose one activity and then do all of them together today.	Throw into a target. Find different sized boxes and practice throwing into each of them. Try it near and far.
Before you go to bed tonight, lie on the floor and as you breathe, try to make every muscle tight and then every muscle relaxed.	Make a musical instrument and have your own parade. 	Find three different things that you can jump over that are each a different height.	Make up a new game today using an empty plastic bottle and a ball.	As soon as you get up today – do 10 jumps, 10 reaches, 10 twists, and 10 crazy moves.	On the 13th you were asked to plan a family fitness day, have you?	Find time to laugh and move with your family. Either go for a walk, swim, or hike.
Find something to climb – make sure you ask your parent/caregiver first.	Dig a hole in the sand. Use your muscles.	Set up a variety of targets – bottles, cans, buckets. Then work on throwing at them from different distances.	Set up those same targets as yesterday, but today work on kicking at them from different distances.	Toss, kick and catch! Have fun with a beach ball.	Blow bubbles and chase them around the yard.	Practice your locomotor movements. Walk, run, gallop, jump, hop, slide, skip and leap. Which one is your favorite?
Turn on some fast, fun music and take turns making up new moves. Your job is to try to keep moving until the song is over.	Play Add On Movement Fun! Do one movement, then your partner repeats it but adds on one more, then you do your first movement, your partners' and then add on. 	Ask someone to take you to a park. Play on every piece of equipment.	Set up a sprinkler and have fun running through it. Try running around the house after every trip through the sprinkler.	Skip around your home as you sing your favorite song.	Get your feet wet and make tracks on the sidewalk. Try taking big steps and then small steps.	Find your favorite activity from this month and do it again! 

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# JULIO

"A Moverse Hoy"!!

CALENDARIO DE ACTIVIDADES

domingo	lunes	martes	miércoles	jueves	viernes	sábado
Diviértete con el agua hoy – trata de usar todos tus músculos. 	Run Corre por el recorrido de cada letra de tu nombre. Haz cada letra grande y luego pequeña.	Practica tus lanzamientos. Da un paso hacia el blanco y sigue hacia el blanco.	Mójate y luego acuéstate en la entrada del garaje. Cuando te levantes verás la impresión de tu cuerpo. Salta sobre tu forma.	Juega a atajar con una bomba de agua. Haz una casita con tus manos y "cede" con el cuerpo cuando atajes.	Pretende que espantas una mosca. Usa un tubo de espuma y corre por tu jardín espantando moscas. 	Prepara un recorrido de obstáculos usando cosas para saltar por encima, ir alrededor, y moverse por debajo. Ve cuán rápido lo puedes hacer.
Haz el recorrido de ayer en la dirección opuesta.	Hoy pretende ir de viaje- conduce tu coche, vuela un avión, maneja una moto, y rema un barco. Realmente usa tus músculos.	Busca una pelota que rebote y práctica rebotándola y capturándola. Rebótala en el piso o contra el lado de un edificio.	Juega lanzando golf - túmense lanzando una pelota hacia un blanco grande. ¿Cuántos tiros toma para llegar a la meta? Escoge un nuevo blanco.	Dibuja diferentes formas con tiza de acera y práctica moviéndote por encima, alrededor de y dentro de ellas.	Planifica un día de ejercicio para la familia. Deja que cada uno elija una actividad y luego la hacen todos juntos.	Lanza hacia un blanco. Encuentra cajas de diferentes tamaños y práctica lanzando algo dentro de cada una de ellas. Inténtalo de cerca y de lejos.
Antes de ir a dormir esta noche - échate en el suelo y mientras respiras trata de apretar todos tus músculos y después relájalos.	Crea un instrumento musical y ten tu propio desfile. 	Encuentra tres cosas diferentes por las cuales puedas saltar por encima.	Hoy inventa un nuevo juego usando una botella de plástico vacía y una pelota.	Tan pronto como te levantes hoy - salta 10 veces, estírate 10 veces, da 10 giros, y haz 10 movimientos chistosos.	El día 10 se te pidió que planificas un día de ejercicios para tu familia - ¿lo hiciste?	Encuentra tiempo para reír y moverte con tu familia. Vayan a caminar, nadar o de excursión a pie.
Encuentra algo para trepar –asegúrate de pedir permiso a tus padres o cuidador antes de trepar.	Escaba un agujero en la arena. Usa tus músculos.	Coloca una variedad de blancos por tu casa – botellas, latas o baldes. Luego intenta hacerlos caer rodando una bola de diferentes distancias.	Coloca los mismos blancos de ayer, pero hoy practica pateando la bola hacia los blancos de diferentes distancias.	¡Tira, patea y agarra! Diviértete con una pelota de playa.	Sopla burbujas y persíguelas al alrededor de tu patio.	Practica movimientos locomotrices. Camina, corre, salta, salta de un pie, galopea, salta alto, y resbala. ¿Cuál es tu movimiento favorito?
Pon música rápida y divertida, toma turnos creando nuevos movimientos. Tienes que mantenerte en movimiento hasta que la canción termine.	¡Juega Aumenta un Movimiento de Diversión! Haz un movimiento, luego tu pareja lo repite, pero añada uno más. Entonces haces tú primer movimiento, el de tu pareja y añadas otro más. 	Píde a alguien que te lleve a un parque. Juega en cada pieza del parque.	Establece un aspersor de agua y diviértete corriendo a través de él. Cada vez después de que atravieses la aspersión de agua trata de correr alrededor de tu casa.	Salta al alrededor de tu casa mientras cantas tu canción favorita.	Moja tus pies y haz huellas en la acera. Trata de tomar pasos grandes y luego pasos pequeños.	¡Encuentra tu actividad favorita de este mes y repítela! 

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






# August

Get Moving Today!

ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walk or run in a big circle, after the first one jump into the sky. Jump up to five times.	Using long jump socks, put them on your tummy as you crab walk them across the house.	Draw a big circle using sidewalk chalk. Toss a sock or a bean bag into the circle. How far away can you get and still toss into the circle?	What are your favorite animals? Can you move like them and see if someone can guess what you are? 	Hit a balloon high into the sky and chase it as it floats all over the place. Hit it again before it touches the ground.	Ask someone to pitch you some soft balls as you try to hit the balls with a soft bat. 	Play hide and seek with a friend or family member.
Find a hill to run up and roll down. Go up in a different way and come down in a different way.	Get your feet wet and make tracks on the sidewalk. Try taking big steps and then small steps. 	Practice your toss and catch skills. Can you clap before you catch?	Reach with your front foot as you push off of your back foot. Pretend to leap over puddles.	Play catch with someone. Follow the ball with your eyes and then move your hands to meet the ball.	How far can you kick a ball? Kick it hard, chase it, run back and kick it again.	Set up a track in your yard. How many steps does it take to run the entire track?
Pretend to be a butterfly that is flying around your yard from flower to flower.	Make up a new game. Give it a name and have fun playing it.	How many different ways can you move your body? How about shiver, tumble, and waddle?	Make up a movement pattern - try jump, jump, wiggle, jump, jump, wiggle. Your turn!	Go on a color walk. Find every color of the rainbow. Do five big jumps for every color. 	Take two minutes before going to bed tonight to stretch and relax as a family.	Pretend to move like different foods - melt like a popsicle or pop like popcorn.
Work on spelling your name (or other words) - but use your body to make each letter.	Practice bouncing a ball. Can you bounce it really high? Can you bounce really low? Can you bounce it so it travels behind you?	Practice your hopping skills. Take off and land on the same foot. How many times can you hop in a row? Can you hop with both feet?	A day to stretch your body in all different shapes and directions. Try to hold each stretch until you count to five.	Make up a yoga pose for your favorite animals. Do each pose as you relax and breathe.	Sweep the sidewalk or driveway for your family. Work hard and use those muscles.	Using paper plates try to see how far you can make them fly. What is the best way to toss it to make it go far?
Use your fine motor skills today - clean some vegetables and enjoy a treat. 	Plan an afternoon of physical activity. Let everyone decide one thing that they would like to do with the rest of the family.	Spread out a beach towel, move around it, over it, beside it, on it, then under it.	Play "Kick Golf". Pick a target, take turns kicking until you hit the target and then pick a new goal.	Put a water hose on a plastic tarp - have fun slipping, sliding and jumping in the puddles.	Using "stuff" from around the house create a tunnel - have fun moving through it in different ways.	Go back and find your favorite activity and do it again.

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


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# AGOSTO

"A Moverse Hoy"!!

CALENDARIO DE ACTIVIDADES

domingo	lunes	martes	miércoles	jueves	viernes	sábado
Camina o corre en un gran círculo. Al terminar la vuelta salta hacia el cielo. Salta hasta cinco veces.	Pon medias enrolladas sobre tu barriguita y camina como el cangrejo por tu casa.	Dibuja un gran círculo con tiza. Lanza una media o bolsita de granos al círculo. ¿Qué tan lejos puedes llegar y aun atinar al círculo?	¿Cuales son tus animales favoritos? ¿Te puedes mover como ellos y ver si alguien adivina lo que eres? 	Golpea un globo hacia el cielo y persíguelo. Golpéalo de nuevo antes de que toque el suelo.	Pide al alguien que te lanza pelotas suaves mientras tratas de batear con un bate suave. 	Juega al escondite con un amigo o familiar.
Busca una colina para subir y rodar. Sube de una manera diferente y desciende de una manera diferente.	Mójate los pies y deja tus huellas en la acera. Intenta dar pasos largos y cortos. 	Practica tus destrezas de lanzar y atajar. ¿Puedes aplaudir antes de atajar?	Lleva el pie delantero hacia adelante mientras empujas con el pie trasero. Imagina que brincas sobre un charco.	Juega a atajar con alguien. Sigue la pelota con la vista y mueve tus manos para llegarle a la pelota.	¿Qué tan lejos puedes patear una pelota? Patea fuerte, persíguela, regresa y patea de nuevo.	Prepara una pista en tu jardín. ¿Cuántos pasos te toma en dar una vuelta?
Pretende que eres una mariposa que vuela por tu jardín de flor en flor.	Inventa un nuevo. Asígnale un nombre y diviértanse jugando juntos.	¿Cuántas maneras encuentras de mover tu cuerpo? ¿Qué tal temblar, caerse y caminar como un pato?	Inventa un patrón de movimiento - saltar, menearse, saltar, menearse. ¡Es tu turno!	Ve en una caminata de colores. Encuentra todos los colores del arcoíris. Haz 5 saltos grandes por cada color. 	Toma dos minutos antes de acostarte esta noche y estira y relájate con tu familia.	Pretende que te mueves como comidas diferentes - derretirse como helado, o explotar como cotufa.
Practica deletrear tu nombre (u otras palabras) - pero usa tu cuerpo para formar cada letra.	Practica como rebotar una pelota. ¿Puedes rebotarla muy alto? ¿Puedes rebotarla realmente bajo? ¿Puedes rebotarla y hacer que vaya detrás de ti?	Practica tus habilidades de saltar. Despega y aterriza en el mismo pie. ¿Cuántas veces puedes saltar de un pie sin parar? ¿Puedes saltar con los dos pies?	Hoy es un día para estirar tu cuerpo en diferentes formas y direcciones. Trata de mantener cada pose mientras cuentas hasta cinco.	Crea una pose de yoga de tus animales favoritos. Haz cada pose mientras te relajas y respiras.	Barre la acera o la entrada de coches para ayudar a tu familia. Trabaja duro y utiliza esos músculos.	Usando platos de papel trata de ver qué lejos los puedes hacer volar. ¿Cuál es la mejor manera de tirar el plato para que vaya lo más lejos?
Hoy usa tus habilidades de motricidad fina - limpia algunas verduras y disfruta un convit 	Planifica una tarde de actividad física. Que cada uno decida qué cosa le gustaría hacer con el resto de la familia.	Extiende una toalla de playa, muévete alrededor de ella, sobre ella, al lado de ella, en ella, y debajo de ella.	Juega "Golf de Patear". Elige un blanco, toma turnos pateando hasta que le des al blanco y luego elige una nueva meta.	Coloca una manguera de agua en una carpa de plástico - diviértete deslizándote, resbalando y saltando en los charcos.	Construye un túnel usando "cosas" alrededor de la casa - diviértete moviéndote a través de el de diferentes maneras.	Escoge tu actividad favorita de este mes y hazla de nuevo.

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