



Waltham Creative Start

Patches' Periodical

April 2020

Upcoming Events:

4/13-4/17 Week of the Young Child
4/17 - Nursery Rhyme Day

No School:

We will be closed for the month of April as a precaution against the spread of Coronavirus.

Classroom Curriculum:

While the school will be closed, we hope families are continuing to work on academics at home. With warmer weather, good studies to focus on are planting and spring. Please practice social distancing, but still go for walks and talk about the changes you see in the environment.

Birthdays:

Class 1: Samuel, 4/14
Class 2: None
Class 3: Matilda, 4/3
Class 4: Joey, 4/14
Class 5: None
Class 6: Malak, 4/29
Class 7: Jannat, 4/15
Class 8: None

Second Step:

We are learning about identifying emotions and how to deal with them.

Parent Engagement:

Please check out the ReadyRosie videos titled *Family Journaling*. If you want access to ReadyRosie videos and do not have it yet, please email waladmin@communitiesunitedinc.org and leave your name and phone number or email with a request to be added. Aura will add you.

We will also be posting activities and videos on our website, so please check in for ideas to do at home.

<https://www.communitiesunitedinc.org/parents>

Health and Nutrition:

Breakfast is the most important meal of the day. Breakfast is most beneficial when eaten within 30 minutes of waking up. Proteins at breakfast help the body maintain energy over a longer period of time than eating just grains like toast or cereal. Make sure to add protein to your breakfast by eating yogurt, cheese, or eggs. This month we will be focusing on active play. Gross motor activities are important. Recent studies show that children perform better in school when they are participating in more active play.

School Readiness:

This month we will be focusing on early writing skills. We will be asking families to work on planting journals together.

Parent Meeting: Aprils information has

been added to this newsletter. Our next meeting will be on Thursday, May 7th.

Waltham Creative Start Parent Meeting Minutes April 2, 2020

Coronavirus: Everyone has been impacted one way or another due to the outbreak of coronavirus. We hope everyone has been able to remain healthy and calm over the past few weeks. Reminders about ways to prevent the spread of coronavirus and other illnesses. Make sure to wash hands frequently, especially when touching shared surfaces. Try not to touch your face, especially your nose and mouth. Cough and sneeze into your elbow. Practice social distancing.

Coronavirus: Todos se han visto afectados de una forma u otra debido al brote de coronavirus. Esperamos que todos hayan podido mantenerse saludables y tranquilos en las últimas semanas. Recordatorios sobre formas de prevenir la propagación del coronavirus y otras enfermedades. Asegúrese de lavarse las manos con frecuencia, especialmente cuando toque superficies compartidas. Trate de no tocarse la cara, especialmente la nariz y la boca. Tosa y estornude en su codo. Practicar el distanciamiento social.

Transition to Kindergarten - Kindergarten visitations will be held in June for most local schools. Dates will be posted in the foyer and classrooms as the visitations get closer. If you have not yet registered your child for kindergarten, please do so as soon as possible. If you need help, come to the office.

Transición al Kindergarten: Las visitas de Kindergarten se realizarán en junio para la mayoría de las escuelas locales. Las fechas se

publicarán en el vestíbulo y las aulas a medida que se acerquen las visitas. Si aún no ha registrado a su hijo para el Kindergarten, hágalo lo antes posible. Si necesita ayuda, venga a la oficina.

Multi-Cultural Principle 8: "Multicultural programming for children enables children to develop an awareness of, respect for, and appreciation of individual and cultural differences."

Principio multicultural 8: La programación multicultural permite que los niños desarrollen la conciencia, el respeto y la apreciación por las diferencias culturales individuales.

Nutrition(USDA)-Active Play: Physical activity is very important for the bodies and minds of young children. Please make sure as you are spending more time outside to check playgrounds before playing for hazards. Also, as children get their bikes back out and training wheels off, please make sure they are wearing helmets. Teach children to bike safely and look around them for hazards. Young children are often more difficult for drivers to see, especially if they are riding in between, or near, parked cars.

Nutrición(USDA)-Juego activo: La actividad física es muy importante para los cuerpos y las mentes de niños jóvenes. Ya que empieza la temporada de jugar afuera, por favor examine los parques por peligros. Si sus hijos andan en bici, por favor asegúrese que usan un casco. Enseña a sus hijos usar una bicicleta de una manera segura y estar atento de su ambiente y cualquier peligro. Es difícil para conductores en

carro ver a niños pequeños si están cerca de carros.

School Readiness: This month we will be focusing on early writing skills. We will be asking families to work on planting journals together.

Preparación escolar: Este mes nos centraremos en las habilidades de escritura temprana. Les pediremos a las familias que trabajen juntos en la siembra de revistas.

Second Step and Baby Doll Updates: We are continuing to identify and learn to express a wide array of emotions.

Actualizaciones de Segundo Paso y Baby Doll: Continuamos identificando y aprendiendo a expresar una amplia gama de emociones.

April Curriculum & Goals: This month we will be focusing on planting and spring. Please take some time to plant seeds with your children and help them keep a journal on how their seeds grow.

Currículo y metas de abril: este mes nos centraremos en la siembra y la primavera. Tómese un tiempo para plantar semillas con sus hijos y ayúdelos a llevar un diario sobre cómo crecen sus semillas.

Family Engagement: Ready Rosie Video is Family Journaling. We will be having families to keep a Plant Journal to chronicle how their seeds are doing at home.

Compromiso familiar: El video listo de Rosie es un diario familiar. Pediremos a las familias que lleven un diario de planta para contar cómo les está yendo a sus semillas en casa.

Literacy: Rhymes and Poems - During week of the young child we will be asking families to share a favorite nursery rhyme or poem from their culture. We hope to make classroom books featuring all of our favorite poems and rhymes!

Alfabetización: Rimas y poemas - Durante la semana del niño pequeño le pediremos a las familias que compartan una canción o poema favorito de su cultura. ¡Esperamos hacer libros en el aula con todos nuestros poemas y rimas favoritos!